

The Ten Commandments



Introduction

This week's lesson will cover the receiving of the Ten Commandments. The passages are found in Exodus 19:1-20; Exodus 24:1-18; and Exodus 31:18. The focus points are-

- God gives us rules to protect and help us.
- Laws teach us right from wrong.
- God is holy.
- Through the Ten Commandments, God provided guidelines
 1. For interaction with Himself.
 2. For interaction with other people.

Lesson Guide

God gave commands to the people of Israel to know how to live. Point out that God gives us His laws to protect and help us, too. Because He wants the best for us. He doesn't just give them to place restrictions on us, but because God wants what is best for His people.

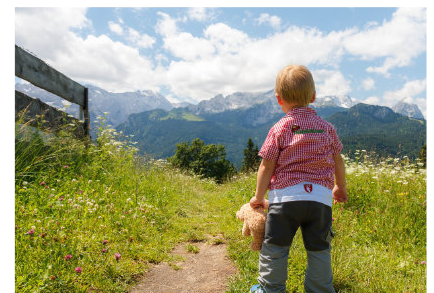
Talk about laws or rules that we have today. Which rules does the child think are good? What rules would they make?

Ask the child if they have ever broken a rule and regretted it. Play a game with the child. Tic-tac-toe would be a good one. For the first game, follow the rules. For the second game, allow the child to make up rules. For the third game, you make up the rules and take several turns in a row to win. Ask the child if following the rules made the game more fun or less fun.

You can play a game with cars to show some common road laws. Show the child what happens if the cars ignore the red lights. Point out that people can get hurt when they don't obey the law. Use this to illustrate that we need to obey God's law or we will be hurt. Explain that we can never be perfect, but God sent Jesus to be perfect on our behalf. Point out that the Israelites had to wash their clothes, but Jesus can wash our hearts. Celebrate that we can become perfect when we put our trust in Jesus.

Pick out a law from Scripture that your child might struggle to obey. Pray with the child to ask Jesus to help them obey God's laws.

Video playlist





God called Moses to come to the top of the mountain.

Moses stayed there for forty days and nights. God gave him many laws that the people needed to obey.

When God finished speaking to Moses, He gave him the stone tablets with the law.

These laws would teach Israel right from wrong.



The Ten Commandments

After God rescued Israel from Egypt, the people began to travel toward the new land God had promised to give them.

After three months, they arrived at Mount Sinai.

Moses climbed the mountain, and God spoke to him.

“You have seen all the mighty things that I can do. Obey me fully, and you will be my special people.”



Moses returned to Israel and told them all that God had said. The people promised, “We will do everything God has commanded.”

God said, “Tell the people to prepare. They need to wash their clothes and be clean. I am holy.”

The people washed and cleaned themselves just as God asked.



Three days later, a thick cloud covered the mountain.

Thunder and lightning shook the sky.

A mighty trumpet blast sounded. Everyone trembled at the majesty of God.

Moses led them to the foot of the mountain.

The trumpet sound grew louder and louder.

Games and Activities

Safety Sign Hunt

Walk around your neighbourhood and spot any safety signs you may find.

For more fun take photos of the signs you find along the way. You will be surprised how many you will see once you start.



Play with toy cars

Play with some cars. Talk to your child about road signs, rules and how they are there to keep everyone safe.

Remind them that God's rules are to keep us safe.

Traffic light game

An easy game to play outdoor or at home. Children must respond to different colours.

Red - Stop

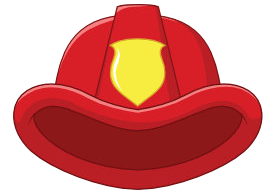
Orange - Walk around

Green - Run around

This is a fun way to teach colours and learn about rules.



Safety Equipment



Draw a line to match the correct safety equipment with the right person.

Make rules

Think of a good rule for the following places



Rule



Rule



Rule



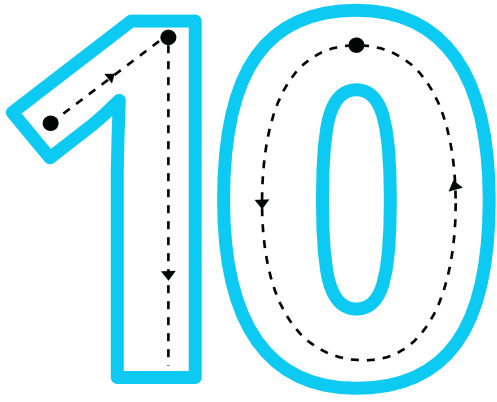
Rule

Numbers 1 - 10

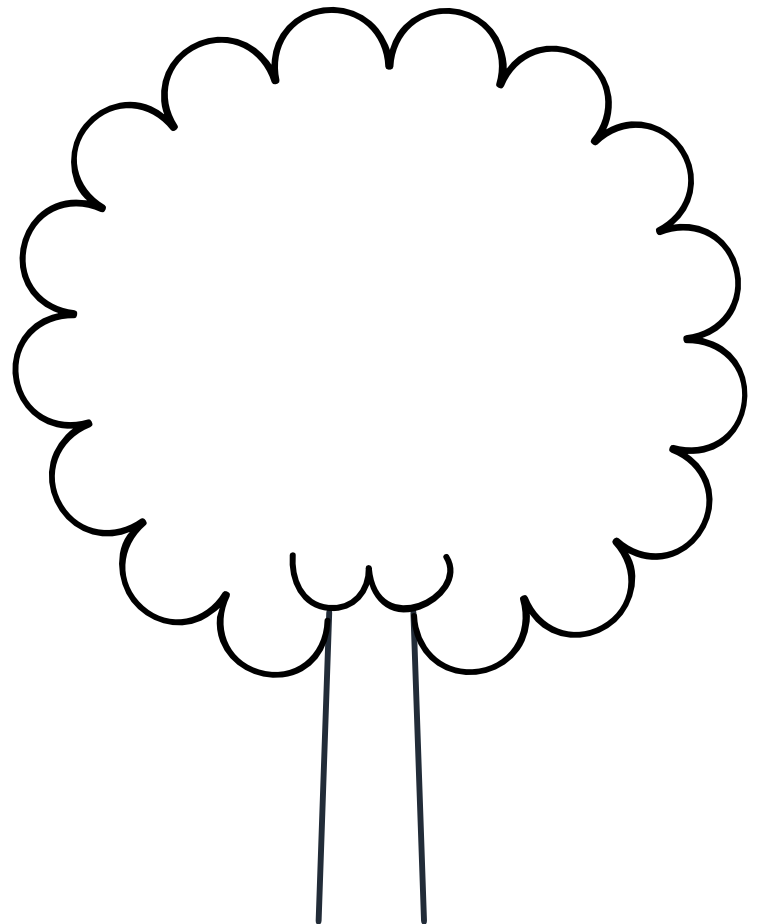
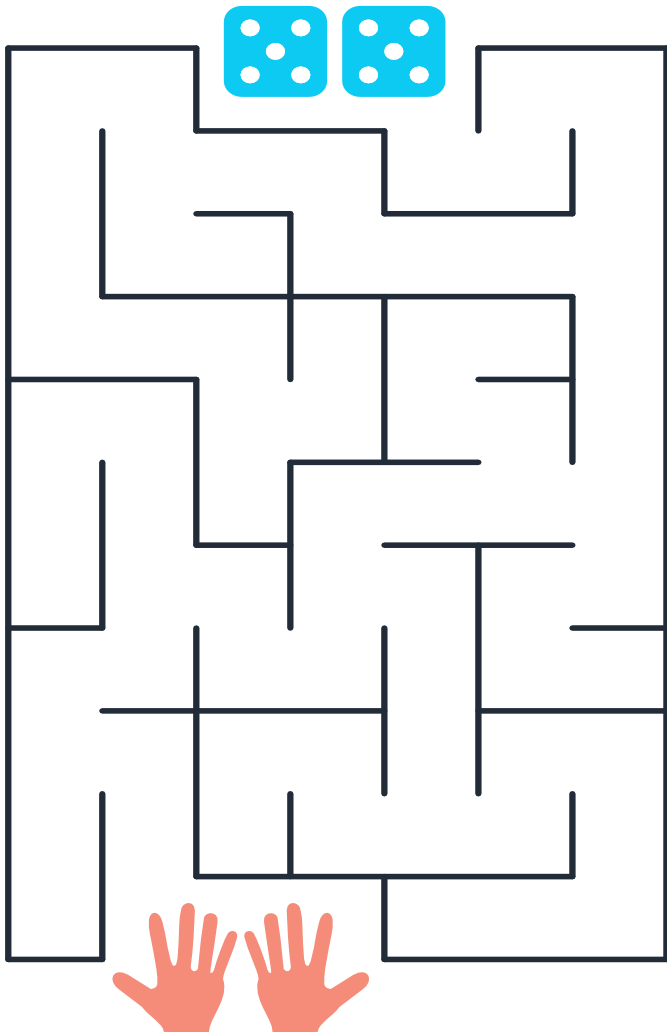
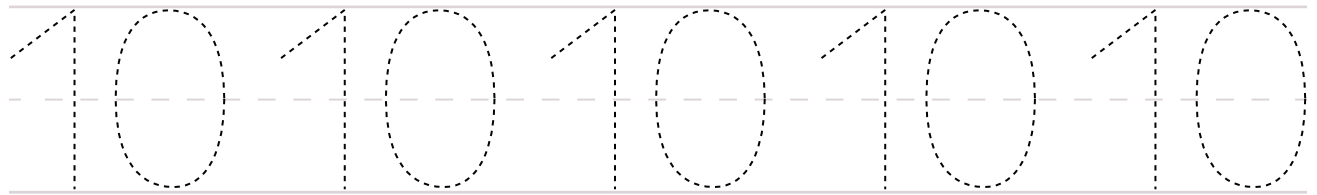
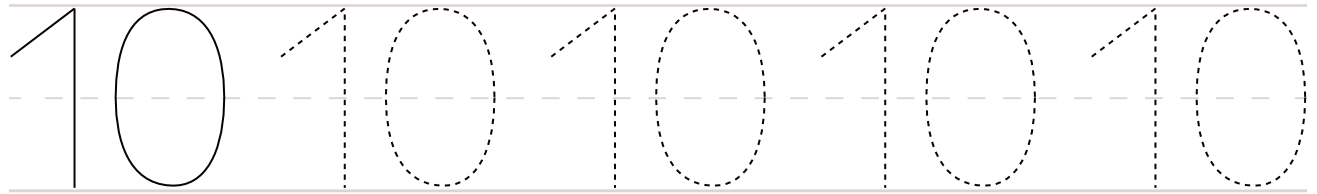
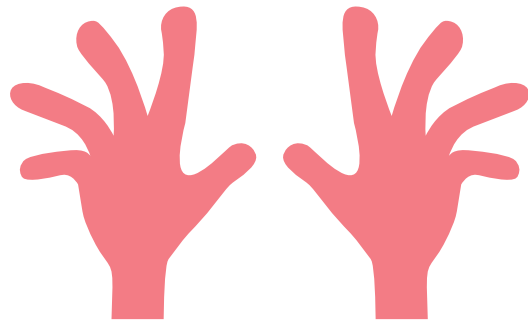
Match the numbers with the dice

A vertical list of numbers 1 through 10 is on the left, each in a different color. To the right is a vertical list of ten dice faces, each showing a different number of red dots. A red curved line connects the number 3 to the second dice face from the top, which shows 3 dots.

Number	Dice Face (Dots)
3	1
1	3
4	6
5	4
2	2
6	5
9	7
10	8
7	9
8	5



Count your fingers



Draw 10 fruit on the tree

Ten commandments Road signs craft



What you need:

Sign template

10 Lollipop sticks

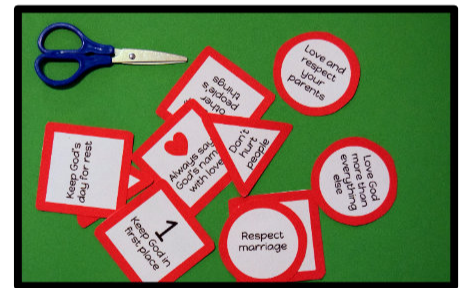
Glue

Scissors

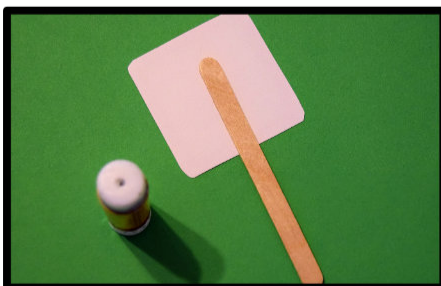
Play clay or air-dry
clay



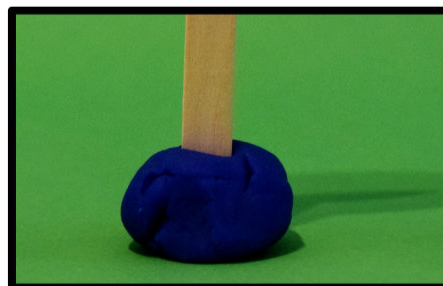
Print out template
and collect
materials.



Cut out the signs.



Glue signs onto
lollipop sticks. Make
sure they are facing
the correct way.



Make small balls of
clay and push sticks
inside

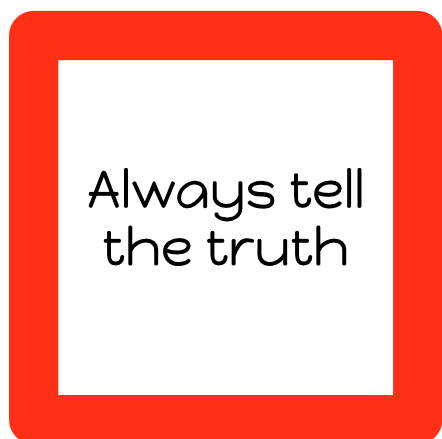


If using air-dry clay
allow to dry.



Ten Commandments craft template

Print onto white card



The Ten Commandments

1

6

2

7

3

8

4

9

5

10

Keep God in first place.

Respect marriage.

Always say God's name with love.

Do not steal.

Keep God's day for rest.

Always tell the truth.

Love God more than everything else.

Don't be jealous of other people's things.

Love and respect your parents.

Don't hurt people

Love God more
than everything else

Keep God in first
place

Always say God's
name with love

Keep God's day for
rest

Love and respect
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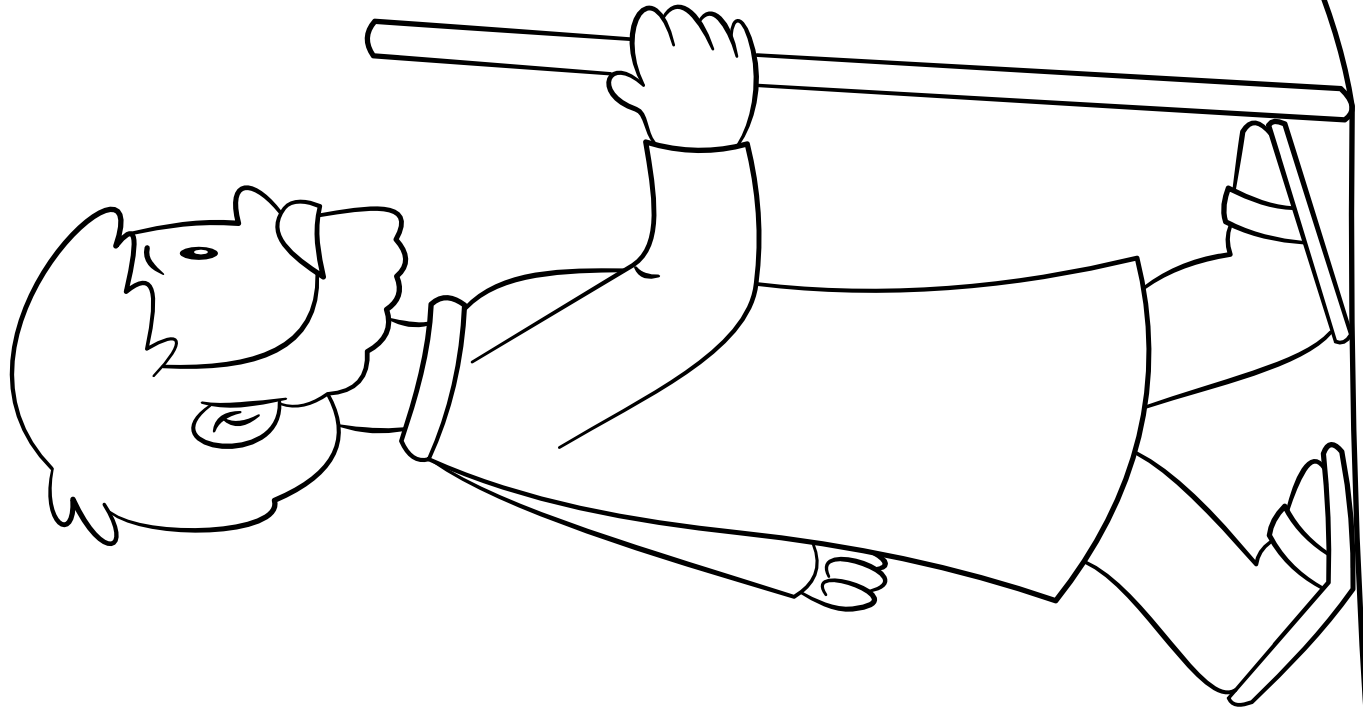
Respect marriage

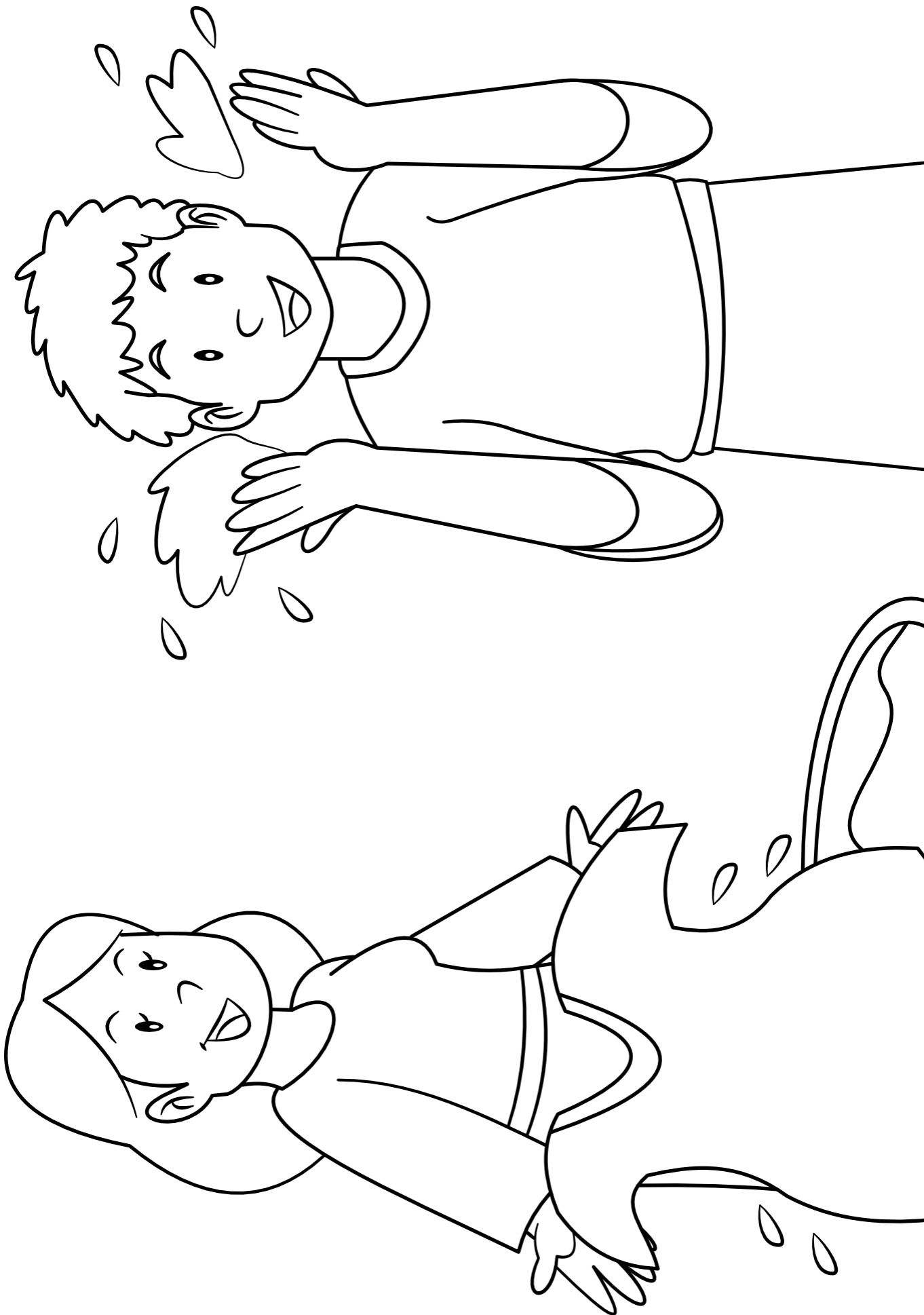
Do not steal

Always tell the truth

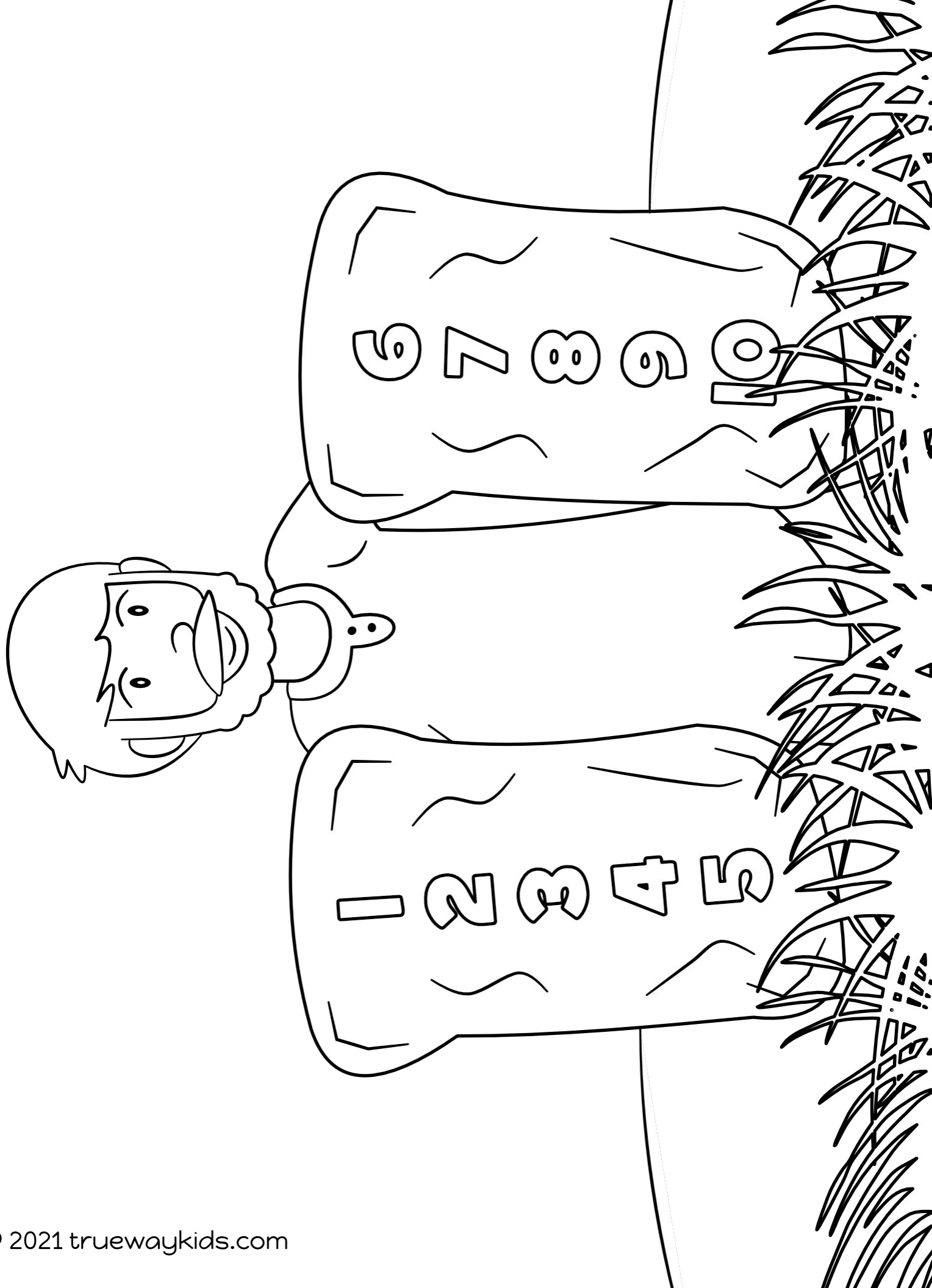
Don't be jealous of
other people's
things

Rub over a stone with a grey crayon to create a stone effect









Worship Time

Recommended worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Obey, Obey The Lord

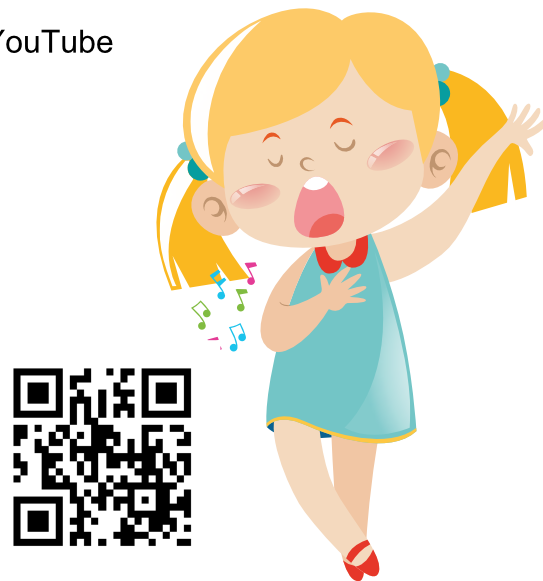
<https://youtu.be/gID4-xl1Amg>

Ten Commandment

<https://youtu.be/IB3A7RcP89E>

Ten Commandment Boogie

<https://youtu.be/L2hB5Gqo8Vo>



Prayer Time

Thank God for giving rules to help keep us safe and enjoy life. Ask Him to help you follow His plans.

Next Week:
The Tabernacle

If you haven't already done so, sign up to receive future lessons by email.

